

LIVING ELEMENTS

Quality self-catering Accommodation
in a rural setting near Chichester

PRINTABLE BOOKING FORM for Living Elements Self-Catering Accommodation

Please print this form if you wish to send it with your booking but it is important that you contact us first to check availability.

Family Name and members of party please, plus ages.

Address:

Telephone:

Mobile:

email:

I/we wish to book Living Elements from Friday to Friday
(insert dates). or as agreed. Total number of nights:.....

Number of adults

Number of children

Ages and names of children if under 16

TOTAL COST OF HOUSE per week £

Total cost of Extras (see over page) £

TOTAL COST of booking including extras (see over) £

I enclose a deposit of 1/3 total £ (bookings will be confirmed within 7 days). If you wish to pay by card please contact me directly on 07769 746113.

Please make cheques payable to G. Palmer

I have read and accept the terms and conditions of booking. Yes No

Signed Date.....

Lastly, how did you hear about Living Elements? please be specific if poss.

SPECIALIZING IN ACCOMMODATION FOR FAMILIES, WALKERS, CYCLISTS, SAILORS, HEALTH SEEKERS, AND SPORTING SUPPORTERS. LOVERS OF THE COUNTRY

Gayle Palmer
Living Elements
1, Keynor Lane, Sidlesham, CHICHESTER. West Sussex PO20 7NL
07769 746113 gaylepalmer@btinternet.com
www.chichesterselfcatering.co.uk

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Other Extras that you may wish to include:

Bottle of quality Champagne with ice bucket, pre-chilled £25
Ferrero Rocher chocolates £5
Romantic red petals strewn over the master bed £15

Locally produced Organic Veg box £15
Cot and high chair, stairgate £15
Baby monitor / bottleheater £5
Local Flowers £5
Chi. Observer (local newspaper) £2

From the Living Elements Clinic:

(subject to availability with the therapists)

Full body Massage £40

Osteopathy / cranial osteopathy treatment £50

Cleanse.detox package, includes a colonic treatment and a
body brush £110

Spa bathroom collection, organic £55

Luxury Footcare set £14.50

Exercise classes - Pilates, Yoga, Qigong (dependent on
availability) £14

For availability call 01243 641665 directly or book on arrival.

Cleaning Products:

Light Duty cleaner (LDC) biodegradable, child-safe and to
be used diluted down. Use as general cleaner, washing up
liquid, handwash, wash for delicates, use instead of shampoo
1 litre £11

Super 10 - heavy duty cleaner. Biodegradable but highly
effective. Good for car washing, cleaning floors, stains, etc 1
litre £11. A little goes a long way! Dilute down to use.

Rubber gloves £3 per pair

Extra Kitchen cloths £2 per pack

Extra Toilet rolls £1 for 4 rolls

Charcoal, briquettes or instant BBQ's £5

Please place a tick alongside if you want an extra.

TOTAL COST of extras £

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